

CHART OF EFFECTS OF NERVE INTERFERENCE

Remember that trauma, stress and injury (such as the birth process, falls, accidents, work, etc.) causes damage to the spinal joints. The discs and ligaments can also be affected. This damage to the spinal joints causes “stuck bones” which means degeneration (arthritis) as well as nerve interference. The “effects” listed below are conditions or symptoms that may be with nerve interference in the areas noted.

		AREAS	EFFECTS		
CERVICAL SPINE	ATLAS	C-1	Blood supply to the head, pituitary gland, scalp, pores of the face, brain, inner and middle ear, sympathetic nervous system.	NECK REGION	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous breakdowns, amnesia, chronic tiredness, dizziness.
	AXIS	C-2	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.		Sinus trouble, allergies, pain around the eyes, earache, fainting spells, certain cases of blindness, crossed eyes, deafness.
		C-3	Cheeks, outer ear, face bones, teeth, trifacial nerves.		Neuralgia, neuritis, acne or pimples, eczema.
		C-4	Nose, lips, mouth, eustachian tube.		Hay fever, runny nose, hearing loss, adenoids.
		C-5	Vocal cords, neck glands, pharynx.		Laryngitis, hoarseness, throat conditions such as sore throat or quinsy.
		C-6	Neck muscles, shoulders, tonsils.		Stiff neck, pain in upper arm, tonsillitis, chronic cough, croup.
		C-7	Thyroid gland, bursae in the shoulders, elbows.		Bursitis, colds, thyroid conditions.
THORACIC SPINE		T-1	Arms from the elbows down, including hands, wrists and fingers, esophagus and trachea.	MID-BACK	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.
		T-2	Heart, including its valves and covering, coronary arteries.		Functional heart conditions and certain chest conditions.
		T-3	Lungs, bronchial tubes, pleura chest, breasts.		Bronchitis, pleurisy, pneumonia, congestion, influenza.
		T-4	Gall bladder, common duct.		Gall bladder conditions, jaundice, shingles.
		T-5	Liver, solar plexus, circulation (general).		Liver conditions, fevers, blood pressure problems, poor circulation, arthritis.
		T-6	Stomach.		Stomach troubles, including nervous stomach, indigestion, heartburn and dyspepsia.
		T-7	Pancreas, duodenum.		Ulcers, gastritis.
		T-8	Spleen.		Lower resistance.
		T-9	Adrenal and suprarenal glands.		Allergies, hives.
		T-10	Kidneys.		Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.
LUMBAR SPINE		T-11	Kidneys, ureter.	LOWER BACK	Skin conditions such as acne, pimples, eczema or boils.
		T-12	Small intestines, lymph circulation.		Rheumatism, gas pains, certain types of sterility.
		L-1	Large intestines, inguinal rings.		Constipation, colitis, dysentery, diarrhea, some ruptures or hernias.
		L-2	Appendix, abdomen, upper leg.		Cramps, difficult breathing, minor varicose veins.
		L-3	Sex organs, uterus, bladder, knees.		Bladder troubles, menstrual troubles such as painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptoms, many knee pains.
SACRUM		L-4	Prostate gland, muscles of the lower back, sciatic nerve.	PELVIS	Sciatica, lumbago, difficult, painful or too frequent urination, backaches.
		L-5	Lower legs, ankles, feet.		Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps.
		SACRUM	Hip bones, buttocks.		Sacroiliac conditions, spinal curvatures.
COCCYX		COCCYX	Rectum, anus.		Hemorrhoids (piles), pruritus (itching), pain at the end of spine on sitting.